

**Training
Programmes
2005-2006**

women's aid

Federation Northern Ireland

Published by Women's Aid Federation
Northern Ireland

129 University St
Belfast
BT7 1HP

Tel: 028 9024 9041

Fax: 028 9023 9296

Email: info@womensaidni.org

Website: www.womensaidni.org

**24 Hour Domestic Violence Helpline:
0800 917 1414**

This publication is the property of Women's Aid Federation Northern Ireland. Accordingly, this document cannot be reproduced or transmitted using any printed, electronic or other means without prior written permission from Women's Aid Federation Northern Ireland.

Photocopying of the application form for training courses is acceptable without obtaining permission from Women's Aid Federation Northern Ireland.

Training Programme 2005

**Women's Aid Federation Northern Ireland
2005**

Training Programmes 2005-2006

Impact of domestic violence on children and young people

Protective behaviour

Prevention strategies

Overview of domestic violence

Advanced understanding of domestic violence

A shared understanding

women's aid

Federation Northern Ireland

Introduction

Domestic violence is a serious problem...

- In Northern Ireland domestic violence accounts for approximately one-fifth of all recorded violent crime.
- On average there are five domestic violence deaths in Northern Ireland every year.
- Last year 1138 women and 1090 children stayed in Women's Aid refuges throughout Northern Ireland.
- No single agency can address the complexities of domestic violence alone. Many organisations have a role to play in the prevention of domestic violence, the protection of victims and holding perpetrators to account, and the provision of support to victims and their families.

Tackling Violence at Home, the government's strategy for addressing domestic violence and abuse in Northern Ireland, recognises the need for a co-ordinated approach by all the relevant government departments, statutory and voluntary agencies to the prevention of domestic violence and an effective response where it occurs.

Women's Aid believes that agencies' interventions and responses to victims of domestic violence can be improved and made more effective through awareness raising and training on domestic violence. The need for staff in all relevant agencies to access such training is acknowledged in Tackling Violence at Home.

What Women's Aid offers you

Quality training from an experienced agency

Women's Aid is the lead voluntary organisation in Northern Ireland addressing domestic violence.

Women's Aid offers expertise

Women's Aid is at the forefront of developing and delivering domestic violence training programmes. All Women's Aid training materials and programmes have been developed and informed by our experience and practice of working in the field of domestic violence over the past 25 years.

Women's Aid offers skills development

Women's Aid is committed to providing quality training to agencies who in the course of their work come into contact with women and children affected by domestic violence. The aim of our training is to develop the skills and capacity of organisations to respond more effectively to victims of domestic violence.

Women's Aid offers experience

Women's Aid has a pool of experienced qualified trainers drawn from ten local Women's Aid groups and Women's Aid Federation Northern Ireland.

Women's Aid offers quality

We can guarantee the delivery of quality, standardised training programmes across the region.

Women's Aid offers flexibility

Training can be delivered in Women's Aid venues or at your organisation's premises.

Women's Aid offers a proven track record

Women's Aid has delivered domestic violence training to a wide range of organisations including the Police Service Northern Ireland, Probation Board for Northern Ireland and the Northern Ireland Court Service.

Impact of domestic violence on children and young people



Duration

One day training programme

Target Group

All those working with children and young people

Aims

To raise awareness of the impact of domestic violence on children and young people

At the end of this programme you will be able to:

Identify the context of children's experience of domestic violence.

Identify the possible effects domestic violence can have on children and young people.

Understand a range of support needs of children and young people who experience domestic violence.

I will take away the awareness that I must always look deeper and behind the behaviour of kids and that Women's Aid is improving, progressing and doing pioneering work.

Youth Leader

Protective Behaviours

Duration

2 Day Training Programme (Certificate)

Target Group

All those working with adults, children and young people who are delivering training programmes on concepts of self-esteem, empowerment, safety and protection

Aims

Promote a practical approach to personal safety

At the end of this programme you will be able to:

Identify and understand your own intuitive feelings (early warning signs) and what safety feels like.

Understand the difference between safe, adventurous and unsafe situations.

Develop support networks for yourself.



I found the training
very empowering with
great ideas to carry
out at home and at
work
Teacher

Prevention Strategies



Duration

One day training programme

Target Group

All those working directly with children and young people

Aims

Introduce facilitators (who have accessed our training programme impact of domestic violence on children and young people and Protective Behaviours) to strategies which deal with the prevention of abuse of children and young people

By the end of this programme you will be able to:

Understand the content of the *Helping Hands* activity pack The pack increases and explores children's understanding of feeling safe as well as the promotion of behaviours which will contribute to a safe environment.

Understand the content of *Heading for Healthy Relationships* (formerly *No Fear*) activity pack. The pack increases and explores young people's understanding of the difference between healthy and unhealthy relationships.

Unless enough time is given to young people to develop awareness... we could end up with adolescents who know a lot of cold facts but are socially and emotionally bankrupt.

Teacher

Overview of domestic violence

Duration

Half day training programme

Target Group

All statutory and voluntary organisations

Aims

To raise awareness of the nature, extent and impact of domestic violence

By the end of this programme you will be able to:

Understand the experience of women affected by domestic violence.

Be aware of the various types of domestic violence and abuse.

Understand the effects of domestic violence has on women (victims).



For too long (*domestic violence*) has been seen as a private matter, leaving those who experience it feeling isolated and alone. But it is a problem for society.

Irish Congress of Trade Unions

Advanced understanding of domestic violence



Excellent training, I have gained an understanding of issues of domestic violence and prevention in further crime.

Probation Officer

Duration

One day training programme

Target Group

Anyone working with women as colleagues or service users

Aims

To raise awareness of the nature, extent and impact of domestic violence and promote effective responses

By the end of this programme you will be able to:

Understand the experience of women affected by domestic violence.

Be aware of the various types of domestic violence and abuse.

Understand the effect domestic violence has on women.

Develop guidelines to effectively respond to victims of domestic violence.

Consider best practice and the development of in-house policy and procedures.

A shared understanding

Duration

One day induction to domestic violence and inter agency working

Target Group

All those working on the issue of domestic violence in domestic violence forums, community safety partnerships and other collaborative approaches

Aims


Raise awareness and promote commitment to working in partnerships against domestic violence

By the end of this programme you will be able to:

Understand the experience of victims of domestic violence.

Be aware of the various types of domestic violence and abuse and the effects on victims.

Review your organisations commitment to effective inter-agency working on domestic violence.



Imagine a world in which women and girls no longer have to fear violence or the threat of violence simply because they are women.

Amnesty International

Training Details

Tailored training

In addition to these programmes, Women's Aid can provide tailored training to meet your organisation's specific needs.

Women's Aid Federation Northern Ireland staff are available to discuss your training requirements and costs.

Cost

The cost of all Women's Aid Federation Northern Ireland training is as follows:

Half day programme

£300 plus travel expenses

Full day programme

£400 plus travel expenses

Number of participants

The recommended minimum number of participants per programme is 8, with a maximum number of 15.

For organisations which require training for large numbers of staff Women's Aid are in a position to deliver repeat sessions over an agreed period of time.

The Next Step

To register interest in training please complete the booking form overleaf.

On receipt of the booking form, Women's Aid Federation Northern Ireland will set up a meeting to consider your request in detail and make the necessary arrangements.

Federation Northern Ireland

women's aid

Booking Form

Name _____
Job title _____
Organisation _____
Address _____
Telephone _____
Fax _____
Email _____

Training Programmes

Please select one or more of the following:

Impact of domestic violence on children and young people

Protective behaviour

Prevention strategies

Overview of domestic violence

Advanced understanding of domestic violence

A shared understanding

Anticipated number of participants _____

Anticipated time scale for delivery _____

women's aid

Federation Northern Ireland

Please return to:
Operations Manager
Women's Aid Federation Northern Ireland
129 University Street
Belfast , BT7 1HP



Please complete the form overleaf and detach from the booklet.



**Women's Aid Federation
Northern Ireland**

129 University Street
BELFAST
BT7 1HP

tel: 028 9024 9041

fax: 028 9023 9296

email: info@womensaidni.org

Website: www.womensaidni.org

**24 Hour Domestic Violence Helpline
0800 917 1414**